

Together Romania Association



Keep Educate Your Skills about Employment

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Together Romania Association

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Cover design and layout: Together Romania Association

May 2016

SESSION OUTLINE

DAY I

Opening session

Title	Get to know each other and introduction of the course
Objective (what for?)	<ul style="list-style-type: none"> - To break the ice among the participants - To present project the main aim and objectives - To present the program and logical flow of the project - To present the Youthpass
Material needed	Markers, flipcharts, projector
Duration	140 minutes
Description (including timeline)	15 minutes introduction of the course 60 minutes get to know each other (different ice breakings and name games) Presentation of the TC and program - 25 min Fears and expectation - 30 min 10 minutes - conclusions
Method/s	Working in small groups, open group discussion, bingo, speed date, individual presentation, name games, debriefing
Results/outcomes	<ul style="list-style-type: none"> - Participants will get to know each other background - Creation of good atmosphere for working - Get detail information about the objectives, program and expectations - Explore key competencies of Youthpass and how to reflect on it

DAY II

1st session

Title	Empowerment Strategies for young people with fewer opportunities
Objective (what for?)	<ul style="list-style-type: none"> - To explore different strategies at European level on empowerment and inclusion of young people with fewer opportunities - To identify the best strategies to be used in youth work
Material needed	Markers, flipcharts, projector
Duration	90 minutes
Description (including timeline)	15 minutes introduction 35 minutes working groups in different strategies Presentation - 25 minutes 15 minutes - debriefing and conclusions
Method/s	Working in small groups, open group discussion, debriefing
Results/outcomes	<ul style="list-style-type: none"> - Participants will explore different strategies for

	<p>empowerment of young people with fewer opportunities</p> <ul style="list-style-type: none"> - Get knowledge for European strategies targeting youth development - Explore values promoted in youth work by Erasmus +
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2nd session

Title	Group building workshop
Objective (what for?)	<ul style="list-style-type: none"> - To get to know each other - To create a constructive atmosphere for participants, so they can easy start to work together in coming days - Learning to cope with different people and situation in a multicultural team - To be able to deal with people from different backgrounds and communicate in proper way - To be inclusive and process oriented, building a safe environment and fostering critical thinking
Material needed	Marker, papers, flipcharts
Duration	90 minutes
Description (including timeline)	<p>Introduction of Olympic - 10 minutes</p> <p>Performance - 50 minutes</p> <p>Presentation - 15 minutes</p> <p>Debriefing and summarizing - 15 minutes</p>
Method/s	Working in big group, open discussion, debriefing
Results/outcomes	<ul style="list-style-type: none"> - Improve communication skills in multicultural team - Building a safe environment in the group - Creating a constructive atmosphere in the group - Learning to cope with difficulties and ambiguity situation

3rd session

Title	Inclusion vs. Exclusion, take a step forward
Objective (what for?)	<ul style="list-style-type: none"> - To promote empathy with others who are different - To raise awareness about the inequality of opportunities in society - To foster an understanding of possible personal consequences of belonging to certain social minorities or cultural groups - To explore the concept of inclusion and exclusion in our society
Material needed	<p>Role cards</p> <p>An open space (a corridor, large room or outdoors)</p> <p>Tape or CD player and soft/relaxing music</p>
Duration	90 minutes
Description (including timeline)	<p>10 minutes introduction</p> <p>Role card stepping - 20 minutes</p> <p>Discussing and revealing the roles - 20 minutes</p>

	Debriefing and theoretical input - 40 minutes
Method/s	Simulation exercise, open group discussion, theoretical input
Results/outcomes	<ul style="list-style-type: none"> - An appreciation of the diversity of identities in Europe and their respective backgrounds - Understanding of inclusion and exclusion terms - Awareness of marginalized target groups in our society
Notes/comments	Compass manual exercise

4th session

Title	NGO fair
Objective (what for?)	<ul style="list-style-type: none"> - To explore different work done by each partner organization in national, local and European level - To share experience among participants on youth work - To create bridges of cooperation among partner organizations
Material needed	Markers, flipcharts, color papers, notes
Duration	60 minutes
Description (including timeline)	<p>15 minutes for preparation 45 minutes for presentation</p> <p>The contents of the flipchart - participants are asked to answer the following questions:</p> <p>WHO? (who are you, title, country, contact information) WHAT? (do you do; activities, in particular relevant to the topic of the TC) WHY? (do you do it; objectives, ambitions) HOW? (do you do it; non-formal education? activities?) WHO? (target group(s)) WHERE? (do you do it; locally? internationally?) WHAT WOULD YOU LIKE TO DO? (future plans)</p>
Method/s	Fair , presentation, Q&A
Results/outcomes	<ul style="list-style-type: none"> - Knowledge on work done by each organization in local, national and European level - Building cooperation for future initiatives among partner organizations

DAY III

1st session

Title	Do non-formal skills and competencies matter?
Objective (what for?)	<ul style="list-style-type: none"> - To explore the concept of non-formal learning - To identify challenges meet using NFL - To present holistic approach of non-formal education - To present the Youthpass to participants
Material needed	Markers, flipcharts, A4 papers

Duration	90 minutes
Description (including timeline)	5 minutes energizer 10 minutes introduction 35 minutes theoretical input 25 minutes open group discussion 15 minutes debriefing and closure
Method/s	Paper presentation, open group discussion, Q&A
Results/outcomes	<ul style="list-style-type: none"> - Learn about opportunities offered by the NFL to young people - Generate new ideas and improve critical thinking skills

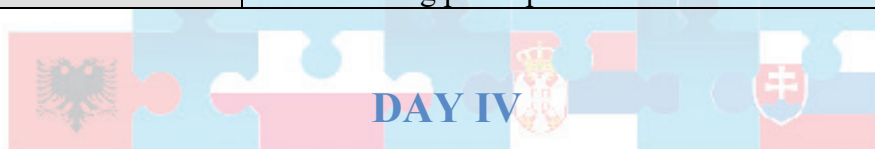
2nd session

Title	Soft skills
Objective (what for?)	<ul style="list-style-type: none"> - To explore the concept of soft skills - To present different forms of youth participation starting from personal experience of participants - Presenting leader of participation - Sharing experiences of participants in youth participation topic
Material needed	Projector, flipcharts
Duration	90 minutes
Description (including timeline)	30 minutes presentation 10 minutes reflection on personal soft skills and sharing with each other 25 minutes group work 20 minutes presentation of group work 5 minutes - conclusions
Method/s	Power point presentation, group sharing, open group discussion, theoretical input from trainer
Results/outcomes	<ul style="list-style-type: none"> - Knowledge about what are the soft skills - Knowledge about 10 tops soft skills - Knowledge on different tools/activities to improve soft skills of youngsters that we work with - Participants will share info about their concrete work in employment and soft skill theme

3rd and 4th session

Title	Presentation of country realities and inclusion of youngsters with fewer opportunities
Objective (what for?)	<ul style="list-style-type: none"> - To know country realities in relation with employment, inclusion of youngsters with fewer opportunities - To identify challenges met in youth work in order to work in the future - To share best practices in order to adapt it in local context - To learn by each other experiences and previous projects
Material needed	Flipcharts, markers , colored A4 papers

Duration	140 minutes
Description (including timeline)	<p>What is the situation of employment of young people in your country? What are the most common jobs among the youngsters in your country? (statistics)</p> <p>What is the situation of young people with fewer opportunities in your own town? What are the opportunities offered to them? What challenge do they meet?</p> <p>What is the support offered from government for the young people with fewer opportunities in your country?</p> <p>What do your sending organizations do in the field of youth employment and inclusion? Any concrete implemented project, initiative, and campaign?</p> <p>Provide best practices/examples of successful stories of young people you might know in the field of youth employment and inclusion?</p>
Method/s	National working groups, presentation, Q&A
Results/outcomes	<ul style="list-style-type: none"> - Raise awareness about different good practices in youth work - Raise awareness for problems that exist in European society and especially among young people - Provide solution and take measure to interfere to improve the situation of marginalized groups - Learning by each other experiences - Adapting best practices in local context - Sharing information, tools and previous experiences among participants



1st session

Title	Empowering strategies for inclusion of young people with fewer opportunities I
Objective (what for?)	<ul style="list-style-type: none"> - To provide information for empowering strategies to young people with fewer opportunities - To share experiences among youth workers - To adapt best practices from previous project on local level - To show the main steps for designing a strategy
Material needed	Markers, flipcharts
Duration	90 minutes
Description (including timeline)	<p>10 minutes presentation</p> <p>25 minutes discussion and questions for inclusion of young people with fewer opportunities in each organization</p> <p>40 minutes power point presentation</p> <p>15 minutes questions and closure</p>
Method/s	Power station methods, theoretical input from trainers team

Results/outcomes	<ul style="list-style-type: none"> - Knowledge on main step how to write a strategy - Knowledge on common problems in youth work and provide solution how to interfere for positive action
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2nd session

Title	Empowering strategies for inclusion of young people with fewer opportunities II
Objective (what for?)	<ul style="list-style-type: none"> - To provide information for empowering strategies to young people with fewer opportunities used in local level - To share experience among youth workers - To adapt best practices from previous project on local level
Material needed	Markers, flipcharts
Duration	100 minutes
Description (including timeline)	<p>10 minutes introduction 10 minutes video 30 min working group and preparation of performance 25 minutes presentation 25 minutes discussion and debriefing</p>
Method/s	Video, theatre
Results/outcomes	<ul style="list-style-type: none"> - Sharing experience and information in different empowering strategies used in youth work - Adapting the best practices from previous projects - Using theatre as great tool for active participation of young people with fewer opportunities

3rd session

Title	Erasmus + presentation
Objective (what for?)	<ul style="list-style-type: none"> - To present Erasmus + program, its main aim, philosophy, feature, actions and other important elements - To provide detail information for the main type of action offered from the program for young people
Material needed	Markers, flipcharts, projector
Duration	90 minutes
Description (including timeline)	<p>5 minutes introduction 30 minutes presentation on main features/objectives/action 30 minutes presentation of YE, Mobility and EVS 25 minutes Q&A</p>
Method/s	Puzzle, power point presentation, open group discussion, video
Results/outcomes	<ul style="list-style-type: none"> - Knowledge on main elements of Erasmus+ program - Knowledge on countries involved, deadline to be applied - Knowledge on main type of action

4th session

Title	Presentation of different opportunities offered for employment of young people at European level
Objective (what for?)	<ul style="list-style-type: none"> - To present different opportunities offered for employment of young people at European level
Material needed	Projector
Duration	60 minutes
Description (including timeline)	5 minutes introduction 30 minutes presentation through different websites, videos 20 minutes question and answers 5 minutes closure
Method/s	Video, open group discussion, sharing
Results/outcomes	<ul style="list-style-type: none"> - Knowledge of opportunities for employment of young people at European level - Knowledge on different resources offered from EC and Salto - Information of different resources valuable for youth work

1st session

Title	Soft skills, ability to plan, organize and prioritize work
Objective (what for?)	<ul style="list-style-type: none"> - To present planning skills to participants and discuss how to develop them and transfer to the youngsters - To present the organizing skills to participants and discuss how to develop them and transfer to the youngsters - To reflect how to prioritize work and use the best of it and time management
Material needed	Markers, flipcharts
Duration	90 minutes
Description (including timeline)	10 minutes introduction 30 minutes Simulation exercise and group work 20 minutes presentation 30 minutes theoretical input and open group discussion
Method/s	Simulation exercise, theoretical input from trainers team
Results/outcomes	<ul style="list-style-type: none"> - Learn about how to plan, organize work - Improve the skills for prioritizing our work - Share experiences among the participants

2nd session

Title	Soft skills, decision making and negotiating skills
Objective (what for?)	<ul style="list-style-type: none"> - To present decision making skills to participant and discuss how to develop them and transfer to the youngsters

	<ul style="list-style-type: none"> - To present the negotiating skills to participants and discuss how to develop them and transfer to the youngsters
Material needed	Markers, flipcharts
Duration	60 minutes
Description (including timeline)	10 min introduction 40 minutes working in case studies 10 minutes debriefing
Method/s	Case study methods, small working groups, theoretical input from trainers team
Results/outcomes	<ul style="list-style-type: none"> - Learn about decision making skills, and improve them - Improve negotiation skills - Share experience among the participants

3rd and 4th session

Title	Facilitation skills and coaching skills
Objective (what for?)	<ul style="list-style-type: none"> - To introduce facilitation and coaching skills - To put the participants in the role of facilitator/trainers to experience facilitation and coaching skills
Material needed	Markers, flipcharts
Duration	140 minutes
Description (including timeline)	Intro on facilitation and coaching skills 20 minutes Preparation 70 minutes Youth workers will be divided in small teams and each team will have to prepare one workshop on a subject given by the trainers. The groups will be divided by the trainers according to youth workers experience and the subject will be related to the project. Methods will be chosen from the team of youth workers. Like this they will put in practice what they have learned (methods and information).
Method/s	Learning by doing, small working group, input from trainers team
Results/outcomes	<ul style="list-style-type: none"> - Knowledge on facilitation skills - Knowledge how to make the outline of a workshop - Knowledge on coaching skills

DAY VI

1st session

Title	Project ideas
Objective (what for?)	<ul style="list-style-type: none"> - To set up bridges of cooperation for future - To initiate concrete project ideas
Material needed	Markers, flipcharts
Duration	90 minutes
Description (including	10 minutes introduction

timeline)	10 minutes personal reflection 10 minutes group forming 60 minutes group work
Method/s	Fish market, theoretical input by trainers
Results/outcomes	<ul style="list-style-type: none"> - Creation of concrete project ideas - Build bridges of cooperation among partner organizations

2nd session

Title	Project presentations and follow up
Objective (what for?)	<ul style="list-style-type: none"> - To present project ideas initiated in 1st session and improve presentation skills - To share project ideas with other participants using creative tools - To provide feedback to participants related with their project ideas - To encourage participants to apply project ideas and implement in the future
Material needed	Printed logos of different TV-Stations
Duration	90 minutes
Description (including timeline)	<p>The presentation of project ideas will be done in the format of a Press conference, where different journalists and stakeholder are invited. Participants can provide suggestions and ask direct questions to their peers. Trainers will provide feedback for each project idea.</p> <p>Based in number of projects presented, one group will have maximum 5 minutes to present in concise way the project. 5 minutes for questions, 5 minutes for trainers' feedback</p>
Results /outcomes	<ul style="list-style-type: none"> - Participants learn new creative tools for presentation - Improve presentation skills of participants - Foster participants critical thinking while conceptions project ideas - Participants will learn by sharing their project ideas and enrich their experience
Methods	Press conference, feedback from trainers

3rd session

Title	My dissemination plan
Objective (what for?)	<ul style="list-style-type: none"> - To build up a dissemination plan in personal level to spread the results of the course - To build up a national plan to disseminate the results of TC by each partner organization
Material needed	Markers, flipcharts
Duration	90 minutes
Description (including timeline)	<p>10 minutes introduction</p> <p>20 minutes individual reflection on dissemination plan</p> <p>30 minutes preparation of dissemination plan in national level</p> <p>30 minutes, presentation of dissemination plans</p>

Method/s	Individual reflection, working in national groups, sharing in big group
Results/outcomes	- Building personal and national plan for dissemination of results

4th session

Title	Evaluation of the training
Objective (what for?)	- To keep the positive aspects and to improve quality of the logistic, activities, methods and practical aspects
Material needed	Markers, flipcharts, questionnaire
Duration	60 minutes
Description (including timeline)	Intro 10 minutes 15 minutes evaluation using visual methods 15 minutes evaluation on key competencies 20 minutes questionnaire
Method/s	Pizza and level of contributions, questionnaires (qualitative and quantitative indicators).
Results/outcomes	- Evaluate the training course with its main element, methodology, content, group dynamic, learning process - Improve our youth work



Promoter:



Media partners:



Financed by:



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This project has been funded with support from the European Commission. This publication (communication) reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.